

Lunch Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

W
E
E
K
1

Green Salad

—

Penne with Tomato
Sauce

Cucumber & Carrot
Sticks

—

Oven Baked Chicken
& Potatoes

Green Peas Stew
with Rice

Cucumber & Carrot
Sticks

—

Siyadiyeh Fish

Yoghurt

—

Moudardara

W
E
E
K
2

Season Salad

—

Kafta with Potato

Yoghurt

—

Stuffed Zucchini

Cucumber & Carrot
Sticks

—

Chicken Nouille

Greek Salad

—

Beans Stew with
Rice (Fasolia)

Cucumber & Carrot
Sticks

—

Grilled Fish with
Vegetables &
Potato Wedges

W
E
E
K
3

Cucumber & Carrot
Sticks

—

Baby Shrimps with
Rice & Vegetables

Cabbage & Tomato
Salad

—

Shepherd's Pie

Yoghurt &
Cucumber

—

Kebbe bel Sanieh

Cucumber & Carrot
Sticks

—

Spinach Stew with
Rice

Green Salad

—

Chicken Moghrabieh

W
E
E
K
4

Yoghurt

—

Oriental Rice with
Minced Meat

Cabbage & Tomato
Salad

—

Moujadara

Cucumber & Carrot
Sticks

—

Chicken Mloukhieh

Green Salad

—

Fish Paella

Cucumber & Carrot
Sticks

—

Chicken Alfredo
Pasta